

# Rancho Vía Orgánica Parque Agroecológico

SAN MIGUEL DE ALLENDE

## **STARTERS**

BRUSCHETTA	. \$ 120
OUESADILLAS	. \$ 120
GUACAMOLE (IN SEASON)	. \$ 155
HUMMUS WITH OLIVES AND VEGETABLES  Mediterranean dish made with garbanzo beans, sesame cream (tahini), garlic, olive oil and lemon juic Served with sourdough bread and native corn tortilla chips.	
GOAT CHEESE  Dressed with sundried tomatoes, olive oil, olives and fine herbs.	. \$ 165
SEASONAL TOSTADAS	. \$ 135
NACHOS VÍA ORGÁNICA	. \$ 165
CHEESE PLATE	\$ 225

Variety of cheeses served with delicious home made preserve, fruit, cherry tomatoes and olives.

## **SALADS**

VÍA ORGÁNICA SALAD	\$ 185
ARUGULA SALAD	
Arugula harvested from the garden, accompanie with slices of Parmesan, grated carrots, seasonal vegetables and vinaigrette of the day.	d
KALE SALAD	\$ 175
Delicious mix of kales harvested from the garden accompanied with fried yellow sweet potatoes, nuts, seeds and feta cheese.	,
GREEK SALAD	\$ 175
Refreshing salad with tomatoes, cucumber, onion olives, dressed with Greek vinaigrette and feta ch	
BEET CARPACCIO	\$ 175
	an
Tasty carpaccio accompanied with salad, Parmes or Manchego slices and balsamic vinegar on a be- of mixed lettuce.	
or Manchego slices and balsamic vinegar on a be-	
or Manchego slices and balsamic vinegar on a be of mixed lettuce.	\$ 55



## **BURGERS**

Your choice of house made organic flour bun or heirloom corn tortilla pocket.

Served with salad and herbed fried potatoes.
 Burgers include tomato, avocado and pickles.

VEGETARIAN\$	165
--------------	-----

Nutritious and flavorful bean patty made with greens, egg, nuts, seeds and spices.

## VEGAN ......\$ 165

Tasty patty made with legumes from our valley, olive oil, greens, pecans, and herbs from our garden. Full of spice and flavor.

## BEEF .....\$ 195

Raised right here by our ranch neighbors, our grass-fed beef burgers are juicy and flavorful. Try it as a cheeseburger for \$40 extra!

## LAMB / TZATZIKI SAUCE ......\$ 195

Our lamb is rich and sweetly flavored with a major portion of their diet being fermented agave in addition to being raised on pastures using rotational grazing practices. This delicious burger is prepared with garlic, onions, and garden herbs and topped with feta cheese.

## RABBIT ......\$ 220

Delicious and nutritious burger expertly prepared and spiced.

• Rabbit is high protein pre-Hispanic food rich in vitamin B12.

## PORK ......\$165

Pork raised here on our farm, and fed with 50% of their diet from the fermented agave/mesquite forage. Prepared with onions and herbs from the garden.



## **MEXICAN SPECIALTIES**

GORDITAS RANCHERAS	\$	135
MEATBALLS IN CHIPOTLE SAUCE Made with grass-fed local beef and topped with a rich smokey tomato chipotle sauce, served with rice and beans. Garnished with a small garden salad.	\$	195
ENCHILADAS WITH TRADITIONAL GREEN OR RED SAUCE CHEESE CHICKEN Simply the best! Accompanied with refried beans and house salad.	-	
TAMALES Tamales are the food for celebrations! Made traditionally with heirloom corn and rendered for produced here on our farm. Served with a tomato sa cream and a side of beans.		<u>,</u>
Ask your serverfor varieties of the day.  VEGAN  Prepared with native corn dough, olive oil, stuffed with seasonal vegetables.	\$	165
CHICKEN, PORK OR BARBACOA	\$	185
BEEF STEW  Delicious grass-fed beef broth with beef and seasond vegetables, seasoned with dried peppers.  Served with rice.		175
POZOLE (RED OR GREEN)  Chicken broth seasoned with tomatillo, herbs and hominy corn served with heirloom corn tortillas.  • Seasonal vegan option with veggies and mushrooms.	\$	185
MENUDO  A traditional Mexican soup, made with grass-fed beet tripe in broth spiced with guajillo pepper, lime, onions, oregano and cilantro making this a popular		175

Poblano pepper filled with fresh ranchero cheese, battered or grilled. Covered with herbed tomato

CHILE RELLENO ...... \$ 185

sauce, rice and beans.

• Vegan option.

Mexican favorite for many.

## **BREAKFAST**

GRILLED	)	Cŀ	-110	CK	ΕN	 	 	 	 	\$19	15
				_							

Accompanied with fresh salad, steamed vegetables and mashed potatoes.

## PESTO CHICKEN ...... \$ 195

Accompanied with fresh salad, steamed vegetables and yellow sweet potato puree.

## VEGETARIAN TORTITAS ......\$ 165

Quinoa, Parmesan, chard and amaranth, bathed in tomato sauce, accompanied with house salad and garden rice.

## CURRY .....\$ 220

#### BEEF, LAMB OR RABBIT.

Delcious, spicy stew with beef, lamb or rabbit.
All of the animals are raised by us our or close neighbors. Enjoy these wonderful dishes and support the community at the same time!
Served with saladand garden rice.

## SEASONAL QUICHE ......\$165

Delicious tart, with a creamy filling made with eggs and seasonal vegetables.
Accompanied with house salad.

## **SOUPS**

# AZTEC SOUP .....\$145

Traditional Mexican soup, made with julienned fried tortilla, avocado, ranch cheese, shredded chicken and tomato broth.

## TARASCAN SOUP ......\$ 95

Delicious bean soup made with tomato accompanied with julienned fried native corn tortilla, avocado, ranch cheese and cream.

## CALDO TLALPEÑO ...... \$ 95

Chicken broth, garbanzo beans, topped with avocado, ranchero cheese and tortilla chip strips.

## SOUP OF THE DAY ......\$ 95

Accompanied with local artisan bread.

ALL OUR INGREDIENTS
COME FROM AGROECOLOGICAL
AND REGENERATIVE PRODUCTION

All of our eggs come from chickens roaming our regenerative food forest. Don't miss visiting this beautiful part of the ranch!

## EGGS ......\$150

All egg dishes are served with beans from our valley and heirloom corn tortillas.

- MEXICAN STYLE
- SCRAMBLED WITH VEGETABLES
- RANCHEROS
- SCRAMBLED
- VEGETARIAN OMELETTE
- OMELETTE WITH GREENS AND COW OR GOAT CHEESE
- DIVORCED

Two over easy eggs over two crispy tortillas topped with green and red sauce.

CAMPESTRES OR ALBAÑIL

Scrambled eggs folded with nopales and pasilla sauce.

## 

Served on a bed of spinach, covered with a spinach cream sauce, served with potatoes.

## GREEN OR RED CHILAQUILES

WITH CHEESE		. \$ IIU
WITH CHICKEN	<b>\</b>	\$165

Traditional Mexican breakfast, native corn chips covered with green or red sauce, topped with ranchero cheese, cream, cilantro, onion and side of beans.

#### MOLLETES ..... \$ 120

2 slices of sourdogh bread topped with beans melted cheese and pico de gallo. Accompanied with seasonal salad.

#### **ENFRIJOLADAS**

WITH CHEESE	\$ 145
WITH CHICKEN	\$ 165

3 soft tortillas stuffed with cheese or chicken, bathed in bean sauce covered with pico de gallo, cheese and cream.

#### FRENCH TOAST

SEASONAL	FRUIT		\$ 85

AND SIDE OF YOGURT ...... \$ 165

GRANOLA WITH FRUIT ......\$ 120

OATMEAL AND SIDE OF FRUIT .....\$ 135

## **DESSERTS**

CARROT CAKE	. \$ 95
CHOCOLATE CAKE	. \$ 95
SEASONAL CAKE	. \$ 95
FROZEN CHOCOLATE TART  Experience this combination of cocoa, avocado, pecans and agave syrup. Gluten and dairy free.	\$ 95
SEASONAL CUSTARD	\$ 95
HOME MADE ICE CREAM  Please ask for seasonal flavors.	. \$ 80

## **DRINKS**

FRESH FRUIT WATER PITCHER GLASS	\$ 150 \$ 40
SMOOTHIE WITH SEASONAL FRUIT	\$ 95
ICED TEA	\$ 45
AMERICANO	\$ 65
HERBAL TEA FROM THE GARDEN	\$ 35
CLASSIC CAPPUCCINO	\$ 70
HOT CHOCOLATE	\$ 65
GLASS OF MILK	\$ 35
GOLDEN MILK	\$ 95



## **WINES**

#### • WHITE •

		 _	$\overline{}$	
	_	 		

Wine made from white Sauvignon blanc grapes.
Wine of Mexican origin.

#### LA REDONDA

Young wine from ruby white grapes.

Produced in Queretaro.

Glass \$ 115 Bottle \$ 420

#### • A.D.O.B.E.

Young wine from organic Chardonnay white grapes.

0	•	· .
Glass		\$ 135
Bottle		\$ 475

#### • RED •

#### • A.D.O.B.E.

Organic Cabernet, red, bold and structured. Central Valley Chile.

Copa	\$ 135
Botella	\$ 475

#### SANGRIA •

#### RED SANGRIA

Refreshing mid-afternoon drink, made with red wine, lemon juice and seasonal fruit.

#### WHITE SANGRIA

Refreshing mid-afternoon drink, made with white wine, lemon juice and seasonal fruit.

Glass	\$125
Pitcher (3 people)	

## **SPIRITS**

MEZCAL	¢ 75
	-
WHITE TEQUILA	
RUM	\$ 75
WHISKEY	\$ 85
LICOR DE TUNA	\$ 95

# **ARTISAN BEER**

process.

PALE ALE	. \$ 115
Dry hopped with Oregon hops. Notes of orange bloss mandarin and guava with a hint of caramel sweetness	
STAUT	. \$ 115
Color negro, densa y suave con sabores a café y chocolate.	
IMPERIAL IPA	. \$ 115
Sensuous and extremely hoppy with a dose of citrus resin and fruit.	1 <sub>2</sub>
CHARCOAL PORTER	\$135
Beer with an intense flavor of roasted coffee and chocolate.	
GINGER BEER	\$120
ALC.VOL 0.5%	
Mildly alcoholic drink. The carbonation present in this soft drink comes from a light fermentation	



WWW.VIAORGANICA.ORG

## **COCKTAILS**

PIÑA ASADA	15
TUNA BORRACHA\$ 15  Mid-afternoon drink with a mixture of pulque, mezcal and red tuna juice.	55
MOJITO\$13 Classic or with seasonal fruits.	10
MEZCALITAS \$13  Refreshing drink made with mezcal and your choice of flavor: Classic, mango, red fruits, melon or watermelon.	30
FRESCA TARDE	20
DRINK OF THE SEASON	30
AGUAMIEL  "Honey water" a pre-Hispanic sweet drink, extracted from the Agave (maguey).  Small \$3  Large \$5	
NATURAL PULQUE	30
CURADOS	30
CURADOS FLIGHT	20
CHOOSE YOUR SPIRIT\$14	- 45

(Tequila, rum, vodka, white mezcal, aged mezcal).